



**ANZCA**

FPM

*Te Whare Tohu o  
Te Hau Whakaora*

## Karakia Poka, nā Mark Kopua

I take up my tool that seeks out wellbeing  
Wellbeing that is in all upper, lower, outer, inner spaces  
Whose is this tool? It belongs to Rongo-the-ancient  
Who battles against all the spiritual and physical ailments that attack mankind  
Bind and weave this patient lying here in the thread of healing, the ancient thread of Rongomatāne  
That provides terrestrial, celestial and spiritual cares to all that live here  
We bind to that tool, we hold that tool and raise it up high  
Proceed and move forward  
Bind it as one, united!